

Testimonials ..

It was a pleasure having Jay come to our centre today and demonstrate to the children ^{that} ~~what~~ there was fun & healthy ways for us to enjoy healthy foods. the children thought it was fun in making their own food and the also enjoyed eating them. Thank Jay.

- Heckenberg OOSH + Nutrition Care 13/07/09.

"I think that~~if~~ all the food was yum" and I liked it when we cored the apples & ate the chips." - Grayson 5 years

"Yum!" - Stevie-Lee 9 years

"I think it was yum and I liked the desert!" Madalin 10 years

The kids Seemed to enjoy it and it gave us some great ideas for afternoon tea. Thanks! -simone
Campbelltown YMCA vacation care
14/7/09.

St. Bernadettes 16/7.

What a delicious morning tea we had today, yummy watermelon drink, tomatoes, corn and carrot creations, tomato & cucumber soup and also yummy banana & strawberry desert. Most of the kids loved it especially the soup & desert. Several of us will do these dishes at home. Was great also watching the kids have fun with the food and making some great, interesting and fun creations!

Grays Lane YMCA 22/7/09

22.7.09

Jessie - I normally don't eat dates but I did in a very yummy desert. I like banana, so maybe it was nice and good for winter.

Piper - I loved the Banana Shreddy I loved the Strawberry and Banana Tart.

Banestown YMCA. 23/7/09.

James - I think that all of the deserts were great!
James.

Josephine - it is very nice and healthy you learn a lot about eating all healthy food plus nice lady

Eloise - Thank you for letting us make yummy food and healthy food my favourite was the derst
Thank you so much and you were a very nice lady

Sophie - thank you for letting us cook and make yummy food I like the most is banana smoothie

Ibrahim - Thank you for coming to the YMCA and we all appreciate what you have made for us. **Thank you.**

Corey - thank you Joy.

JD - thank you for the very tasty dishes Joy.

Tiana - Thank you for teaching us to learn to cook the food was the best - Thank you!