



Semann & Slattery

PO Box 202
Newtown NSW 2042
P 02 9557 1460
F 02 9516 0907
info@semannslattery.com
www.semannslattery.com
A.B.N 63108669718

Friday, February 26, 2010

To whom it may concern,

Joy Mozzi, from Fruvenu, has delivered healthy food workshops as part of a training calendar of workshops for people working in children's services, since September 2009.

Joy's sessions are always thoughtfully planned and delivered, demonstrating her extensive knowledge, commitment and passion to healthy eating. Joy's preparation for the workshops is impeccable. She provides all food, equipment and handouts, and arrives with ample time to set up the room and ensure everything is ready before the participants arrive.

Joy's highly practical and hands on approach means that participants are actively involved in preparing and sampling a range of dishes, all of which are lactose, gluten, egg and nut free, and follow vegetarian guidelines. Participants have commented that the workshops are well organised, enjoyable and informative, providing them with new ideas for introducing healthy and great tasting food options to children. Having attended Joy's workshops myself, I can honestly say that the banana smoothie and sunflower pâté are superb!

Yours sincerely,

Lorraine Madden
Manager Training Research and Innovation
Semann & Slattery